

—hope & healing—

Kristy Landgren

Author, Coach, Speaker, Musician



## ABOUT KRISTY

Author, coach, and musician, Kristy Landgren helps her clients find hope, healing, and happiness while discovering their unique purpose and God-given empowerment.

Sharing her past struggles with faith and loss—feeling alone in her anger and resentment toward God—Kristy yearned for a way to be happy again. Searching the world for answers, she was at a loss for a solution—*until she changed where she was looking*. Since learning many others are experiencing similar emotions, Kristy's focus is to help her clients find hope, healing, happiness and purpose in life-after-loss.

Visit  
Kristy's  
Blog.

LET'S CONNECT



**Amazon link:** <https://tinyurl.com/HopeandHealingAfterLoss>

**Website:** <https://www.kristylandgren.com/>

**Contact Kristy:** [freedmgrl@verizon.net](mailto:freedmgrl@verizon.net)

In addition to a 40-year professional career in Dental Hygiene, Kristy has pursued her passion for writing books and songs. In her second Heaven Heals book, published in 2021, she shares her personal story of finding hope in the reunion with her lost loved one. She feels confident heaven will help readers find their hope in life-after-loss, too. Through writing, coaching, and speaking, Kristy presents Bible truths, which encourage and inspire all who long for this reunion with their loved one. Understanding the covenant God made with Sarah & Abraham leads to clarity, healing, and a realization of God's Plan for all to find everlasting happiness.

Kristy has written and recorded many songs of hope, optimism, faith, and love, as she incorporates her lessons learned from the wild rides of life. She is so grateful to the fellow artists, friends, and musicians who have helped and inspired her along her journey of faith.

She has become a dedicated student of the Bible and finds comfort and peace in the search and reflection of Scripture. She enjoys juggling the worlds of science, art, and religion, practicing dental hygiene by day, moonlighting as musician by night, and attending study or worship sessions amidst the free time, in pursuit of the latest enlightenment that will inspire a blog, poem, lyric, song, or book!

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# Heaven Heals

FINDING HOPE IN THE REUNION WITH YOUR LOST LOVED ONE

## THE STORY

Not knowing how to process deep loss, many are left alone in their grief. Life feels as if it's slipping away, as fear, despair, and confusion steal the future. This may be you. Up until now, you may not have known where to turn for help or answers. Take heart!

In this, the second installment of the Heaven Heals series, Kristy Landgren shares her journey of finding hope and healing in the assurance of a reunion with her lost loved one. Confident heaven can heal others in their struggles with loss, Kristy's insights on God's covenant with Sarah and Abraham is a lifeline for the reader looking for answers.

Heaven Heals will help clear the fog of grief to find clarity, hope, healing, and an awakening to your true purpose. Happiness awaits inside the pages of Heaven Heals: If you want to heal your heart, you must first understand God's vision for you! Let the healing begin!

## ENDORSEMENTS

"Heaven Heals is a well-written Bible-based book that will bring readers a God-sized transformation! Kristy does a magnificent job of showing how she used the power of hope, faith and love to climb out of the valley and rise up to a victorious mountaintop."

*Dr. David Friedman, Syndicated TV and Radio Health Expert, International-award winning, #1 best-selling author of Food Sanity, Syndicated Radio/TV Health & Expert. DoctorDavidFriedman.com*

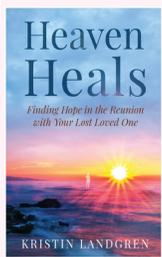
Kristy Landgren's book, Heaven Heals, is a wonderful testament of God's love for all His children. Kristy lost her brother at an early age, yet she overcame grief and found meaning and hope through God's eternal covenant. She explains scriptural stories in plain and simple language, providing clarity of mind and a closeness to God deeper than the layperson might have ever experienced. All the while, she shows us how she gained hope from God's promises of old and how these promises are still alive and thriving today for everyone to enjoy. For anyone who has experienced the loss of a loved one or grief of any kind and who might question God's love, this book will bring comfort and peace to the soul.

*Nanette O'Neal, author of the fantasy series A Doorway Back to Forever. NanetteONeal.com*

Kristy Landgren

# Heaven Heals

FINDING HOPE IN THE REUNION WITH YOUR LOST LOVED ONE



## ABOUT THE BOOK

Are you trying to fill the emptiness of grief and loss with distraction—only to find that it isn't working? It doesn't have to be this way!

In book two of the Heaven Heals series, author Kristy Landgren pulls back the curtain, sharing how she learned to gain hope, healing, and clarity of purpose after losing her loved one. Readers will:

- Enjoy more meaningful relationships
- Let go of interfering distractions
- Take control of your health and well-being
- Release the pain, experience freedom and joy
- Create a happy life defined by your unique purpose and God-given empowerment

## SUMMARY

**Title:** Heave Heals; Finding Hope in the Reunion with Your Lost Loved One

**Author:** Kristy Landgren

**Publisher:** Landgren Publishing

**Release Date:** August 28, 2021

**Retail Price:** HC \$29.99; PB \$16.99; Ebook \$6.49

**Available at:**

<https://tinyurl.com/HopeandHealingAfterLoss>

<https://bit.ly/beginhealingtoday>

<https://bit.ly/beginhealingtoday2>

## CONTACT KRISTY LANDGREN

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"Heal me, O Lord,  
and I will be healed;  
Save me and I will be saved,"  
Jeremiah 17:14

"For You are my hope;  
O Lord God"  
Psalm 71:5

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## INTERVIEWS

Interviewed most recently on the *Beacon of Light Podcast*. Accomplished author of *Pinpoints of Light* and *Out of Darkness*, April Giaque's *Beacon of Light Podcast* presents relatable, inspirational stories of hope, healing, and thriving after enduring some of life's most painful wounds.

<https://www.youtube.com/channel/UCIHWTfL9q2jawYGqN6W1yQg>

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## SAMPLE INTERVIEW QUESTIONS

- 1) What made you decide to write the book, *Heaven Heals/ Finding Hope in the Reunion with Your Lost Loved One*?
- 2) Who would one benefit from reading the book?
- 3) What's at stake when someone lacks hope or healing in their life?
- 4) What will readers discover when reading this installment of *Heaven Heals*?
- 5) Why is it important to take responsibility for your healing journey?
- 6) What are some specific examples of ways we can choose hope and healing for ourselves?
- 7) What is the one thing you want readers to know about the *Heaven Heals* series?
- 8) How can choosing a hope-filled life facilitate healing and enrich our personal relationships?
- 9) Where can our audience purchase *Heaven Heals*?
- 10) What are the ways we can connect with you?

